

# *Pilgrimage and Retreat at Lawudo, Nepal*

April 30 - May 18, 2023

- Trekking through stunning scenery
- Meditation in sacred cave
- Spiritual journey of a lifetime

For Complete Itinerary and Details Visit:

[www.AmyMiller.com](http://www.AmyMiller.com)

Led by Buddhist Nun Venerable Amy Miller. Amy has led several pilgrimages to various sacred places in the world including Tibet, India, Nepal, and Bhutan.

